



# STELLA MATUTINA COLLEGE OF EDUCATION (AUTONOMOUS)

Re-Accredited (4<sup>th</sup> Cycle) by NAAC at 'A' Grade

Ashok Nagar, Chennai – 600 083

| Tel : (+91) 44-24894262 | Email : [smcedn@gmail.com](mailto:smcedn@gmail.com), [info@smcedn.edu.in](mailto:info@smcedn.edu.in) | Web : [smcedn.edu.in](http://smcedn.edu.in) |

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## 5. Collaborative tasks

### Reports on Honouring Students Diversities

Our institution emphasizes teamwork through various activities such as classroom group discussions, camp and sports drills and science exhibitions where students collaborate in teams. Additionally, we encourage group work through clubs like the Red Ribbon Club (RRC), Youth Red Cross (YRC), Eco Club and Women's Cell. By partnering with NGOs and other institutions, we cater to the diverse needs of our students, ensuring their holistic development. These collaborations enable us to leverage external expertise, resources and networks to enhance the learning experiences and support services available to our students.

Through these partnerships, we address multiple facets of student well-being, including academic support, mental health, career guidance and social-emotional learning. Joint initiatives, workshops and programs provide students with additional learning opportunities, mentorship, counselling services and avenues for community engagement.

Moreover, collaborating with NGOs allows us to benefit from specialized knowledge in areas like inclusivity, diversity, sustainability and social justice. Together, we strive to create a supportive and inclusive environment where every student feels valued, empowered and equipped to succeed both academically and personally.

By fostering on-going collaboration and a shared commitment to student success, we aim to cultivate a culture of learning, growth and social responsibility within our institution and the wider community.

*Catherine*  
Principal  
Stella Matutina College  
of Education  
Ashok Nagar,  
Chennai - 600 083

**Relevant Document Highlighting the Activities to Address the Student Diversities**



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Name of the Programme : **Science Model Making Competition**  
Date : 19.03.2024  
Organizing Agency : Department of Physical Science, Biological Science & Mathematics  
Number of Participants : 90 students and 3 teaching Faculty

**REPORT**

A Science Model Making Competition was held for I year B.Ed. student teachers held on 19.03.2024 to encourage creativity and practical understanding of scientific concepts. Participants showcased innovative models on various topics, including environmental conservation, renewable energy and space exploration. The competition aimed to foster problem-solving skills and hands-on learning, enabling future educators to teach science effectively. Models were judged based on creativity, scientific accuracy and presentation.



## **OUTCOME OF THE SCIENCE MODEL MAKING COMPETITION**

The Science Model Making Competition enhanced student teachers' creativity, critical thinking and practical understanding of scientific concepts. The top three participants were awarded for their innovative models. The event successfully inspired future educators to use hands-on methods for teaching science and promoted collaboration and enthusiasm among students.



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Name of the Programme	:	<b>Intercollegiate Model Making Competition</b>
Date	:	05.04.2024
Organizing Agency	:	Science Club
Number of Participants	:	90 students and 3 teaching Faculty

## REPORT

The Intercollegiate Model Making Competition saw enthusiastic participation from students across various institutions, with 18 participants from 9 colleges showcasing their creativity and scientific knowledge. Models on diverse themes were presented, reflecting innovation and teamwork. The event promoted healthy competition, collaboration, and a deeper understanding of scientific concepts among the students.



## OUTCOME OF THE INTERCOLLEGIATE MODEL MAKING COMPETITION

The Intercollegiate Model Making Competition fostered creativity, collaboration, and critical thinking among participants. Students demonstrated impressive scientific knowledge through their innovative models. The top teams were recognized for their outstanding work. Overall, the event enhanced the students' practical understanding of science and encouraged inter-institutional learning and camaraderie.



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Name of the Programme	:	<b>Annual Sports Day</b>
Date	:	21.12.2023
Number of Participants	:	200 students
Resource Person	:	Dr. J. E. Vallabi

## REPORT

The Annual Sports Day of 2023-2024 was a grand celebration of sportsmanship, resilience, and unity. The event captured the spirit of competition while emphasizing the values of teamwork, camaraderie and the enduring essence of good sportsmanship. Student teachers participated in various sporting events with enthusiasm and dedication, making it a day to remember.

In alignment with the **Fit India Movement**, the college began its sports journey with a “**Run and Walk activity**” on **12th October 2023**, promoting health and fitness among students. This set the tone for the sports season, emphasizing holistic well-being.

The heart of the event lay in the inter-house competitions, where major games like **Throw Ball**, held on 8th November 2023, saw Shanthi House triumph, and Jothi House took the lead in **Kho-Kho** on 14th December 2023. Shanthi House again displayed its prowess by winning the **badminton** competition on 24th November 2023, while Nirmal House secured the runner-up position.

In the realm of minor games, activities such as Head Balancing Relay, Sack Race and the 4x100 meters relay unfolded on 14th December 2023, showcasing the coordination and team spirit of the student teachers. Indoor games like Chess and Carom held on 15th November 2023, along with field events like Shot put and the 100 meters dash on 23rd November 2023, added excitement to the sporting line up.

The event concluded with a spectacular March Past, captivating performances from each house, and an inspiring address by the president. Shanthi House emerged as the overall winner, followed by an eagerly awaited prize distribution ceremony. The day concluded with

the national anthem, leaving behind the echoes of unity and good sportsmanship that will be cherished for a lifetime.

### **OUTCOME OF THE SPORTS DAY**

Conducting an annual sports day for student teachers fosters teamwork, physical fitness, and stress relief, contributing to their holistic development. It encourages leadership, cooperation, and healthy competition, essential for their future roles as educators. Engaging in sports activities also strengthens bonds among peers, promoting collaboration in professional settings. Additionally, it offers a break from academic routines, boosting motivation and well-being, which in turn enhances their overall performance and positive attitude toward teaching.



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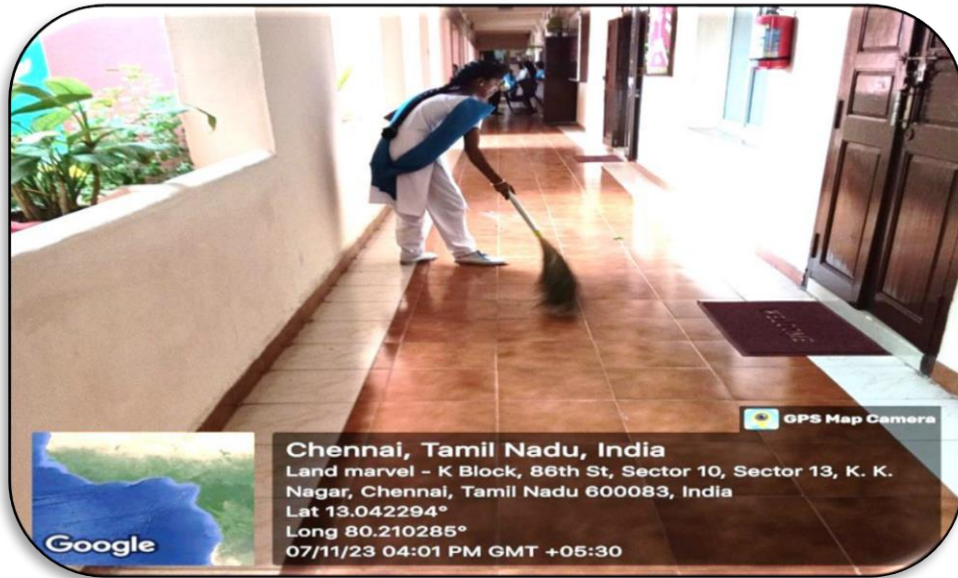
Name of the Programme	:	<b>Annual Citizenship Training Camp</b>
Date	:	07 <sup>th</sup> November to 9 <sup>th</sup> November 2023
Number of Participants	:	200 students
Resource Person	:	Rev. Dr. Sr. Ruby Alangara Mary, Secretary Stella Matutina College of Education, Chennai.

## REPORT

The Annual Citizenship Training Camp was a three-day event aimed at fostering unity, leadership, and awareness among student teachers. The camp featured various activities like physical jerks, cultural events, and educational sessions. Each day was managed by one of the four houses: Preethi, Jothi, Shanthi, and Nirmal, with a focus on teamwork and personal development.

**Day 1** - was led by Preethi House, starting with a physical exercise session at 7:00 a.m. followed by the flag hoisting by **Rev. Dr. Sr. Ruby Alangara Mary**. After breakfast and kit inspection, the Union Inauguration took place, emphasizing the importance of unity and transparency. A session on “**Anti-Sexual Harassment and Anti-Ragging**” by **Umashree Raghunath** was enlightening. In the afternoon, cultural events judged by alumni captivated everyone, and Preethi House won. The day ended with a campus cleaning and a report reading session.





**Day 2** - Jothi House taking charge. The day began with physical jerks and kit inspections. **Mr. Francis Felix Joseph's** session on **"Financial Literacy"** highlighted the importance of being cautious with financial details. A cultural event followed, with Shanthi House emerging victorious. The day wrapped up with a thrilling throw ball match, where Shanthi House also took the lead.



**Day 3**, managed by Nirmal and Shanthi Houses, featured a session on **"Family Life Education"** by **Dr. Saraswathi Abraham**. The final day also hosted singing and bridal makeup competitions, with Preethi and Shanthi Houses leading in both categories. The grand campfire ceremony, symbolizing unity, marked the end of the camp, with Preethi House winning the overall trophy and Shanthi House as the runner-up.





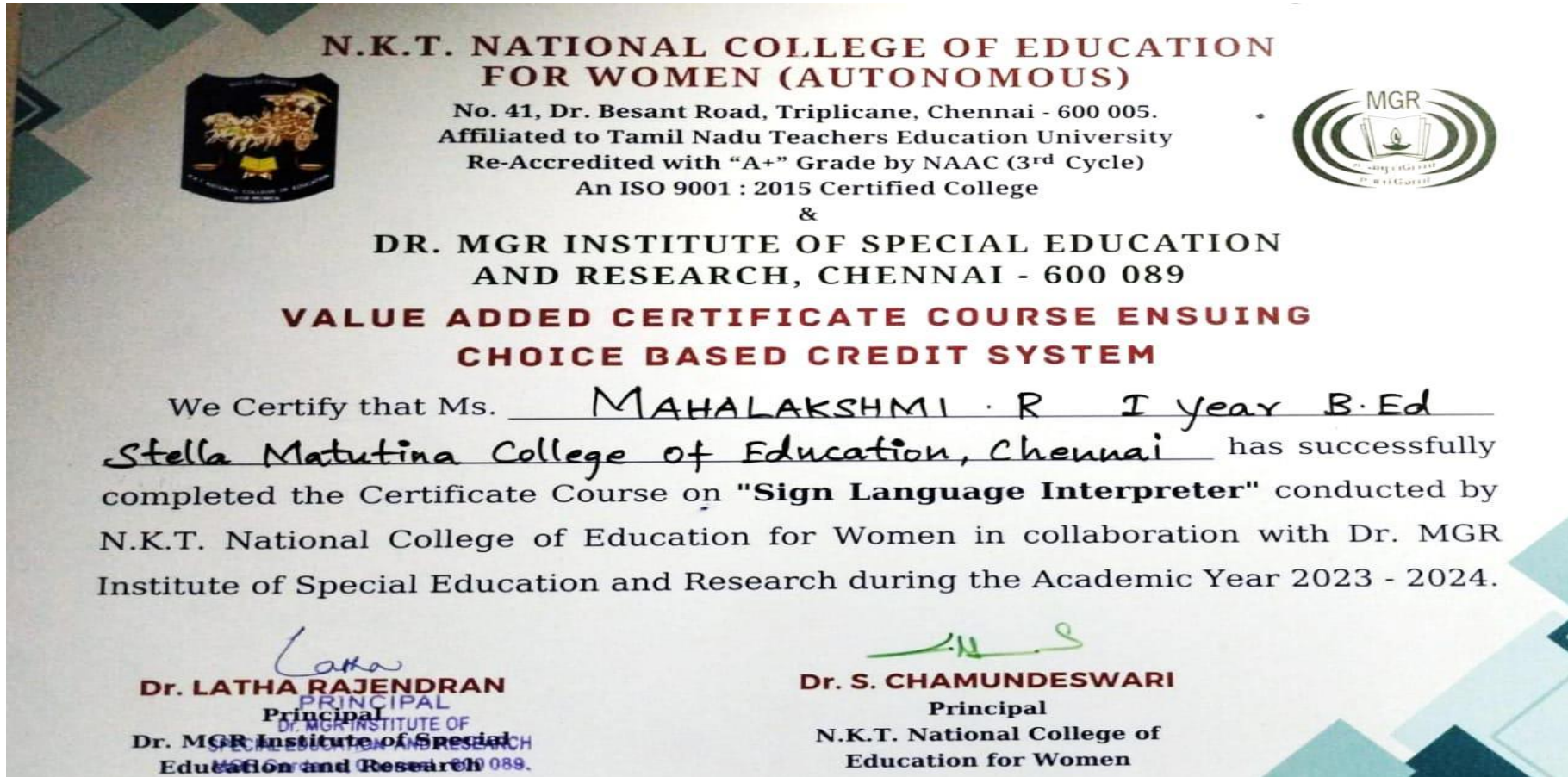
## OUTCOME OF THE CAMP

An annual citizenship training camp for student teachers fosters civic responsibility, leadership skills, and social awareness. It helps them understand community needs, develop teamwork, and promote national values. This experience equips them to guide future generations in responsible citizenship, enhancing their role as educators and contributors to society.

In collaboration with other Institution we address to the diverse needs of our students

Sample Certificate

Course on "Sign Language Interpreter"





## N.K.T. NATIONAL COLLEGE OF EDUCATION FOR WOMEN (AUTONOMOUS)

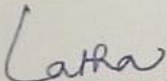
No. 41, Dr. Besant Road, Triplicane, Chennai - 600 005.  
Affiliated to Tamil Nadu Teachers Education University  
Re-Accredited with "A+" Grade by NAAC (3<sup>rd</sup> Cycle)  
An ISO 9001 : 2015 Certified College



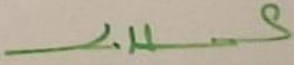
&  
DR. MGR INSTITUTE OF SPECIAL EDUCATION  
AND RESEARCH, CHENNAI - 600 089

### VALUE ADDED CERTIFICATE COURSE ENSUING CHOICE BASED CREDIT SYSTEM

We Certify that Ms. B. SINDHUJA I year B.Ed  
Stella Matutina College of Education, Chennai has successfully  
completed the Certificate Course on "Sign Language Interpreter" conducted by  
N.K.T. National College of Education for Women in collaboration with Dr. MGR  
Institute of Special Education and Research during the Academic Year 2023 - 2024.

  
Dr. LATHA RAJENDRAN

Principal  
Dr. MGR Institute of Special  
Education and Research  
MGR Gardens, Chennai - 600 089.

  
Dr. S. CHAMUNDESWARI

Principal  
N.K.T. National College of  
Education for Women

Sample Certificate

“Teacher Eligibility Test (TET) Coaching”



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**&  
DHOSTH ASSOCIATION**

This is to certify ..... *Ms. Varalakshmi : A* ..... successfully  
completed Teacher Eligibility Test (TET) Coaching from ..... **01.02.2024** ..... to  
..... **02.04.2024** ..... at Stella Matutina College of Education, Chennai.

  
Co-ordinator  
Dhosth Association

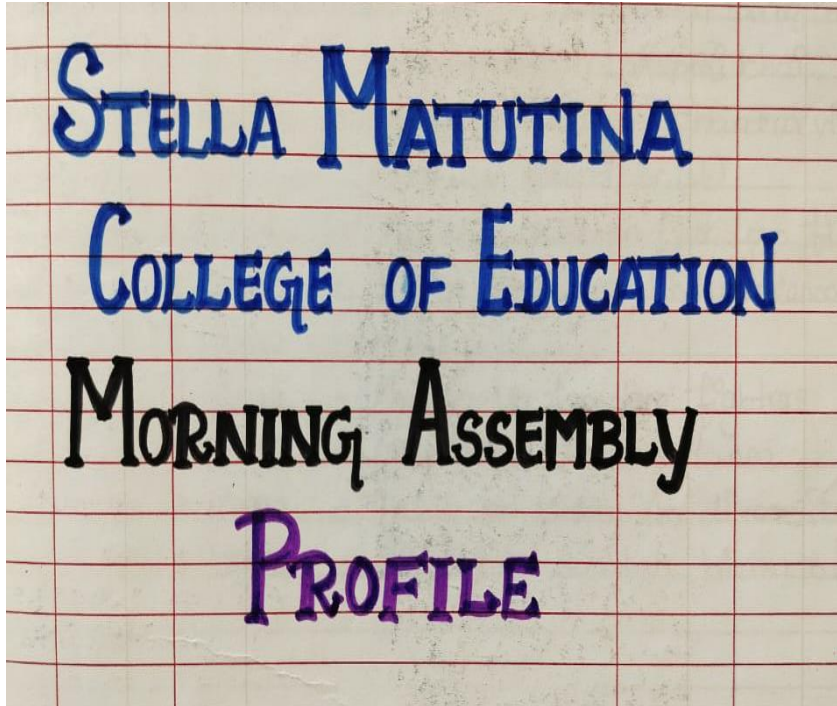
  
Programme Co-ordinator  
Stella Matutina College of Education

  
Principal  
Stella Matutina College of Education

## Photographs with caption and date

### WORKING IN TEAMS

Morning Assembly – “Rise with purpose, shine with excellence”



MORNING ASSEMBLY FEBRUARY 1 To FEBRUARY 28, 2024		
STAFF INCHARGE - Dr. Mrs. A. Alma Juliet Pamela Mrs. Dafini Pinky. F Rev. Sr. Paul Mary. S		
HOUSE INCHARGE - SHANTHI HOUSE		
Day	Topic	Staff-in-charge
01-02-2024	Mindfulness and stress Reduction:- Introduce mindfulness techniques, meditation, and stress reduction practices for improved mental health.	Dr. Mrs. Alma Juliet Pamela
02-02-2024	The Science of Happiness:- Delve into positive psychology, well-being and strategies for leading a more fulfilling life.	Mrs. Rubina
05-02-2024	World Cancer Day (February 4):- A global observance to raise awareness about cancer prevention, detection, and treatment	Dr. Mrs. Arockia Elizabeth Josephine
06-02-2024	The Impact of Social media on Society:- Discuss the Positives and Negatives of social media, its influence on cultural, and digital communication.	Dr. Mrs. Caroline Teba Sorra

26-02-2024	creativity and problem-solving:- Explore ways to foster creativity, embrace innovation, and approach problem-solving with an open mind.	Dr. Mrs. Anne Karitha
28-02-2024	Science day:- Significance of the Science day	Dr. Mrs. Sheeba
Incharge Teacher:		Signature
1)	Dr. Mrs. A. Alma Juliet Pamela	<i>Alma</i>
2)	Mrs. Dafini Pinky. F	<i>Dafini Pinky</i>
3)	Rev. Sr. Paul Mary. S	<i>Paul Mary</i>
Signature of the principal:		<i>Catherine</i>

## Inter Collegiate Model Making Competition

Innovate, Create, Inspire: Shaping Tomorrow through Science-05.04.2024



## Preparation of Bulletin board for College programmes -23.12.2024



## Annual Sports Day – 21.12.2023

Unleashing the Champion Within: Strive, Play, Conquer



## Annual Citizenship Camp Inauguration – 09.11.2023

Leaders are elected to share the responsibilities



We provide students with Societal Exposure to address their Diverse Need

Swatch Bharat (Clean India) mission-7.11.2023



In collaboration with MGM hospital we provide students with health care support and awareness – 25.10.2023





## Awareness talk on “Impact of lifestyle choices on women’s cancer risk”



## Social exposure 12.01.2024 – visit to Old age home



*Catherine*  
Principal  
Stella Matutina College  
of Education  
Ashok Nagar,  
Chennai - 600 083

